What is claimed is:

1. A method of manufacturing a stamper for producing optical discs, comprising:

applying a photoresist to a stamper plate to form a photoresist film; and

structuring the photoresist film, the structuring including, in order,

exposing the photoresist film;

developing the photoresist film;

heating the photoresist film;

additionally exposing the developed photoresist film to a light having a wavelength in the deep UV range; and

heat treating the additionally exposed photoresist film; wherein said additional exposing is performed using a light wavelength of 200–320 nm and an energy level between  $4 \cdot 10^{-4}$  and  $5 \cdot 10^{-2}$  J/cm.

- 2. A method according to claim 1, wherein the energy level of said additional exposing ranges between  $8 \cdot 10^{-4}$  and  $1.2 \cdot 10^{-2}$  J/cm<sup>2</sup>.
- 3. A method according to claim 1, wherein an exposure time of said additional exposing ranges between 1 and 125 seconds.
- 4. A method according to claim 3, wherein the exposure time of said additional exposing ranges between 2 and 30 seconds.
- 5. A method according to claim 1, wherein the light wavelength is in the range of 240-260 nm.
- 6. A method according to claim 5, wherein said additional exposing is carried out under rotation.
- 7. A method according to claim 5, wherein said additional exposing is carried out under heating.
- 8. A method according to claim 1, wherein a negative photoresist is used for said applying.
- 9. A stamper for producing optical discs obtained by using the method according to claim 1.
- 10. An optical disc, obtained by using the stamper according to claim 9.
- 11. A method according to claim 1, wherein said exposing is carried out in two stages, comprising a first selective exposure stage and a second integral exposure stage, wherein the selectively exposed photoresist is heated prior to carrying out said second integral exposure stage.